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## **For Immediate Release**

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# **The 5<sup>th</sup> Annual City Expedition Race - City Mosaic**

## **Diverse Communities Joining Hands to Break Through Cultural Boundaries**

(April 3, 2009) How much do we know about our city, Toronto - a vastly multicultural city embracing people from many varied cultures and ethnicities? Would you like to explore this world's most diverse city from different lenses and with fun?

<< City Mosaic >>, an annual city expedition race organized by Across U-hub, is coming up again on May 30<sup>th</sup>, 2009 (Saturday). It is a full-day event designed to enrich your appreciation and experience of the many cultures and communities within this dynamic city, while at the same time challenging your physical, mental and observational power.

Growing number of youth today are addicted to computer games and cyber activities, where they find their pleasure and comfort. They seldom interact with the real world outside their home or school, and they lack opportunities to develop their interpersonal and communication skills – skills and experiences that are essential for their healthy well-being and future success. This has become an increasingly serious and urgent problem among our young generation.

As a community youth organization, Across U-hub responds to this urgency by developing specially designed programs that address these challenges facing our today's youth. << City Mosaic>> is one such program. For the last few years, City Mosaic has drawn the enthusiastic participation of hundreds of young people from different ethnic groups, such as Chinese, South Asian, Vietnamese, Japanese and Korean. This event has allowed youth from different ethnic communities to experience mutual appreciation and peaceful coexistence among themselves and with each other.

This year marks the 5<sup>th</sup> Year Annivesray of <<City Mosaic>>. The kick-off ceremony and award ceremony of this year will be held at Albert Campbell Square of Scarborough Civic Centre. For this year's event, we are honoured to have the sponsorship of the Ontario Government (Ministry of Citizenship and Immigration) and an official support from Mr. Chin Lee, councillor of City of Toronto. At the April 3<sup>rd</sup> press

conference, Ms. Nicole Wong, the executive director of Across U-hub, highlighted the history and success of this event. Ms. Maria Yau, an educational researcher associated with the Toronto District School Board, mentioned how this program had provided opportunities for youth of different backgrounds to get exposed to and appreciate their multi-cultural communities, to build up their sense of belonging to the city, as well as to acquire important team-building and leadership skills. Miss Sarah Lee, a volunteer, and Mr. Jacky Lau, a former participant, shared their past experiences of the program and talked about what they would not have learned otherwise. Both of these young participants strongly encouraged all other young people to take this once-in-a-year opportunity to come out and expand their horizons, and better yet, to enrich their lives and have fun at the same time.

<<City Mosaic>> is a expedition game that encourages teamwork. Participants are asked to form a team of four to explore around the city with the assistance of a guidebook containing a myriad of pre-designated routes and tips. Each team has to answer 100 intriguing questions about their designated routes, and to complete the race on foot and/or with public transits within an 8-hour limit. Awards will be presented to teams that score the highest and explore the most checkpoints.

Anyone aged 16 or up is welcome to join this expedition and fun race. The program fee (including TTC fares and City Mosaic T-shirts) for a team of 4 is \$120. Early bird specials (\$80 per team) are available if registering before April 24, 2009. The deadline for registration is May 12<sup>th</sup>, 2009. For more information, please contact 905-944-1944 or visit [www.acrossuhub.com](http://www.acrossuhub.com) to download the registration form.

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### Across U-hub Overview

Across U-hub is a charitable community organization, dedicated to serve Canadian youth.

#### Our Mission:

*Together we help nurture our youth:*

- *to become a bridge across cultures by taking roots in Canada while developing a global perspective*
- *to become servant leaders for communities by helping them grow holistically*

#### Work:

*We adopt creative, interactive and multi-disciplinary approaches:*

- *to nurture our youth's holistic growth*
- *to cultivate their servant leadership skills*
- *to promote peer support and mentorship*
- *to foster their sense of community and to encourage active participation in cultural and civic activities.*