

For Immediate Release

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The 9th annual Chinese Canadian Youth Leadership Training Camp **[Anchor Deep]**

(2008 July 2nd – Toronto) As Chinese Canadian youth living in a western country such as Canada, one ought to believe that using their cross cultural experience can help develop a strong sense of appreciation to their root culture of being Chinese. This leads to a motivation to discover one's bi or multiple- identities; it is also a journey to discovery one's 'true self'. The Chinese Canadian Youth Leadership Training Camp organized by Across U-hub at Camp Medeba on August 28-31 this year is purposed to provide a platform for Chinese youth to reflect on their role and identity. More importantly, this camp is purposed to help youths to build a sense of belonging to Canada while cultivating their root identity as being Chinese. Knowing the roots and developing belongingness to their country helps develop a positive value to embrace and contribute to their society. The theme of this year is "Anchor Deep", which encourages our Chinese youth to look deeper into their Chinese cultures by analyzing the good and the bad. So then they can learn to appreciate both the advantages and disadvantages from their brought up, which is highly related to the role they will play in the society. Indeed, they can turn their decisions into actions, or start with small things in life. The contents are designed to focus on six main themes of leadership: reflection, communication, teamwork, trust, discernment and creativity.

The leadership camp will be conducted in English and Chinese, there are a variety of programs arranged during this four days and three nights camp. There is of course a program relating to the "Anchor Deep", there are also outdoor activities, interactive forums and HEART-TO-HEART group sharing. The program all contributes to helping campers to discover themselves, be courage and work to live with hopes and dreams. By using an interactive approach in the theme program, this inspires youths to reflect in their actions, so they can explore their potential in leadership. Outdoor activities: new adventures activity allow the youths to exercise their body, wills and perseverance, especially team work and resilience capacity. More over, the topics discussed in forum are closely related to the youths; speakers will discuss the main issues and choices youths are facing with the campers; to understand more on their situations. HEART-TO-HEART is the time to let campers to share, to know and to learn from each other; since everyone have a different background, so they can support and gives each other support.

JiaQi Wu, a pharmacy student at the University of Toronto stated, "I joined Across U-hub's camp two years ago. It was still fresh in my mind the scene that I was wondering around in two hundred

people. If it wasn't for the mentor's teaching with love; if it wasn't for the supports from my group members; if it wasn't for the special meanings behind each game, I will never know that to become a leader means to have the ability to put our responsibility and empathy together. Each of us has this potential. The camp allowed me to experience the origin of joy, it's to share with others; to find the beauty in simplicity, that's the attitude." She is also working in Across U-hub for summer intern this year and helping this year's camp organization.

It is the 9th annual Chinese Canadian Youth Leadership Training Camp by Across U-hub this year, with great responses for the past eight years, more than thousands of youths were inspired to have a positive direction in their lives. It continues in Across U-hub yet this year; with a group of mentors, big brothers and sisters, youths will learn to put their ideas into action. Throughout the whole planning process, everything is executed by youths; numbers of youths are already working and preparing for the camp, hoping that more youths can benefit from this experience. This process is already a part of leadership training.

“Anchor Deep” - The 9th Annual Chinese Canadian Youth Leadership Training Camp 2008 organized by Across U-hub will take place at Camp Medeba on August 28th to 31st 2008. Age groups are 16 to 23 years old Chinese born Canadian or Chinese immigrants. Feeds: Members \$219; Non-Members \$229, including all meals, accommodation and transportation. Registration deadline is August 6th, registration forms can be taken from Across U-hub (160 GIBSON DR. UNIT1. MARKHAM), or download from www.acrossuhub.com. For more information please call (905) 944 – 1944.

Across U-hub Overview

Together we help nurture our youth:

- *to become a bridge across cultures by taking roots in Canada while developing a global perspective*
- *to become servant leaders for communities by helping them grow holistically*

Work:

We adopt creative, interactive and multi-disciplinary approaches:

- *to nurture our youth's holistic growth*
- *to cultivate their servant leadership skills*
- *to promote peer support and mentorship*

to foster their sense of community and to encourage active participation in cultural and civic activities etc.